

PEAKS and RIDGES in the FRENCH PYRENEES



8 days UK to UK, 8 days ex Toulouse

Dates

Sun 07 Aug 11 – Sun 14 Aug 11

Land only price

£620

Flight price from

£100

Travel

The group transfer to our hotel in Ax les Thermes will be from Toulouse airport. Contact us for details of available flights.

Or why not take the train? Our hotel is 100m from the train station in our resort of Ax les Thermes, so you can easily avoid flying on this trip, and embrace travel by train! There is a sleeper train from Paris Austerlitz that stops in Ax les Thermes at 6.45am and we are able to arrange with the hotel in advance that rooms be ready early for those wishing to take this option. There are other daytime trains available.

When organising your own travel be aware that occasionally trips are cancelled or transfer/meeting arrangements are changed. You **must** check the trip status with us before paying for your flights or other travel arrangements.

Passport and visas

Your passport should be valid for at least three months after you are due to leave France. British citizens do not require a visa.

Regular client discount

As a thank you to regular clients we offer a discount if you have travelled with us before. The reduction for this trip is **£20** and will be deducted from your final invoice.

Insurance

You must have insurance for our holidays. Details of our recommended scheme through Campbell Irvine Insurance brokers are available on our website or we will be happy to email or post them to you.

If you arrange your own insurance you need to make sure that the cover is appropriate for the activities on your trip. Some policies will not cover you when ropes or ice axe and crampons are used for example, or for helicopter rescue. If you are unsure your best bet is to send a copy of the itinerary to your insurance company.

How to book

Please call us if you need further information or advice. We will be happy to hold you a provisional place for seven days. Having decided to book, simply complete a booking form, either on-line from our website or a paper version, and send it to us with a **£200** deposit. It is very important to complete the booking form with your name as it appears in your passport.

If you would like any special arrangements, extensions, extra hotel nights etc, please indicate on the booking form.

Meals

If you have any special meal requirements i.e. vegetarian, gluten free etc, state this on your booking form. Please be specific, i.e. 'no meat or fish', 'fish eating vegetarian', 'allergic to cheese, milk OK' etc. If you are visiting a country where it is hard to buy suitable foods, we may ask you to bring some favourite items. We will assume all vegetarians eat dairy produce unless informed otherwise.

Balance payment

Approx 12 weeks before departure, you will receive your invoice together with trip information. This will include the names of the others on your trip, flight arrangements, health information including contact numbers for immunisation advice, visa information if relevant, Diamox advice for altitude trips, and general advice relating to your trip.

Tickets and update

Approx 10 days before departure you will receive your final trip update, travel documents, local contacts and hotel details.

JM/PA/02/11

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